



State of Palestine  
Ministry of Education

**NEW**  
**EDITION**

# English for Palestine

PUPIL'S BOOK **6A**

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## Blended Learning Module 2

### Outcomes

1. **Identify core vocabulary**
2. **Use capital letters and punctuation (full stop, comma, question mark, exclamation mark, apostrophe) correctly.**
3. **Identify the main idea of a text**
4. **Recognize the present simple**
5. **Recognize the past simple**
6. **Recognize the past continuous**
7. **Give advice**
8. **Give a reason by using the word (because)**


# Healthy food

## 1 Listen and repeat.

(good) advice   a little   because   bottom   burger   fizzy drink   fried  
prefer   (food) pyramid   should   soup   sweet   top

## 2 Listen and answer the questions.

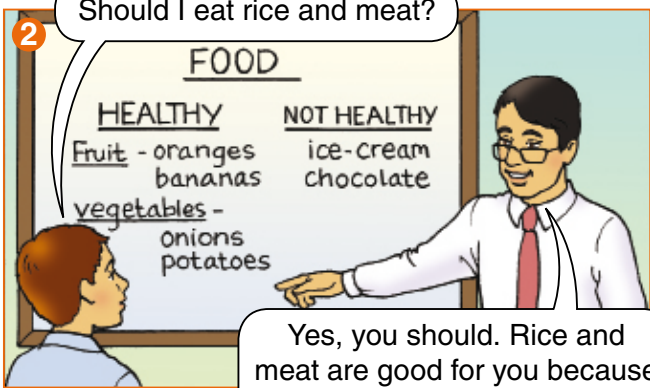
1 Amy, we call this a food pyramid. It shows you the food you should eat.



Should I eat ice-cream?

Yes, but only a little because it's very sweet. Vegetable soup is good for you!

2 Should I eat rice and meat?




Yes, you should. Rice and meat are good for you because they make you strong.

The top of the pyramid shows foods you should only eat sometimes. The bottom of the pyramid shows foods you should always eat.

Mr Ali's class are talking about food. They can eat all the food but they should only eat a little of some foods. That is good advice.

3 You shouldn't eat lots of fried food.


Why shouldn't we eat lots of fried food?



Let me think, because fried food makes you fat. It's not healthy.

Mum thinks Rania and Omar should eat lots of fruit and vegetables because they are healthy.

4 Let's go on a picnic! I prefer healthy food. We should take some bread, vegetables, fruit and a little meat.



We should take lots of water to drink because it's good for us. We shouldn't buy fizzy drinks or burgers.

The children should not drink fizzy drinks because they are very sweet.

## 3 Work in groups of four or five. Read the passage aloud.

## 1 Read. Then tick the correct sentences.

- 1 The food pyramid shows you what food is healthy and what is not healthy. ☐
- 2 You should eat lots of fried food. ☐
- 3 Rania prefers healthy food. ☐
- 4 Mr Ali says meat and rice are healthy foods because they make you strong. ☐
- 5 Mum says 'You should eat lots of fruit and vegetables.' ☐
- 6 Amy prefers fizzy drinks and burgers for a picnic. ☐

## 2 Read and write answers to the questions.

- 1 What are Ben and Amy looking at? \_\_\_\_\_
- 2 Why does Mr Ali say meat and rice are good for Omar? \_\_\_\_\_
- 3 What food does Amy prefer? \_\_\_\_\_
- 4 Why should you only eat a little fried food? \_\_\_\_\_
- 5 Why are fizzy drinks not healthy? \_\_\_\_\_
- 6 What foods should you only eat a little of? \_\_\_\_\_

## 3 Read and circle the correct words.

- 1 Ben **show / shows** Amy a food pyramid.
- 2 Mr Ali **talks / talk** about healthy food.
- 3 Mr Ali **tell / tells** the children meat and rice makes you strong.
- 4 Rania's dad **say / says** 'Fried food makes you fat.'
- 5 Now Rania, Ben, Amy and Omar **know / knows** more about the food pyramid..
- 6 They do not **want / wants** to buy fizzy drinks or burgers.

# 1 Read and think. Complete the sentences with correct words.

- 1 Amy should eat vegetable soup because it \_\_\_\_\_ (be) good for her.
- 2 Rania shouldn't eat lots of fried food because it \_\_\_\_\_ (make) her fat.
- 3 The children shouldn't drink fizzy drinks because they \_\_\_\_\_ (be) very sweet.
- 4 Omar should have rice and meat because they \_\_\_\_\_ (make) him strong.

# 2 Think and write the correct answers.

What should / shouldn't they do?



eat / healthy

You should eat healthy food.

1 only eat / a little ice-cream \_\_\_\_\_

2 eat / meat and rice \_\_\_\_\_

3 eat / lots of / fried food \_\_\_\_\_

4 buy / burgers / fizzy drinks \_\_\_\_\_

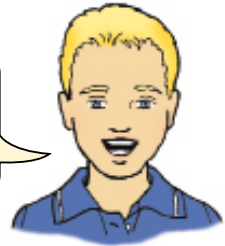


# 1 Think and write the correct sentences.

My favourite food is burger and fried potatoes.



Remember, use a CAPITAL letter at the start of a sentence. Use a full stop at the end of a sentence. Give good advice! Use the word *because* to give a reason.



I love salad!

1 you/lots of fried food/makes/fat/and/not healthy

---

---

2 you/lots of salad/vegetables/healthy

---

---

## 2 Think and write sentences about your friends' food and drink.

## 3 Write the words. Practise your handwriting.

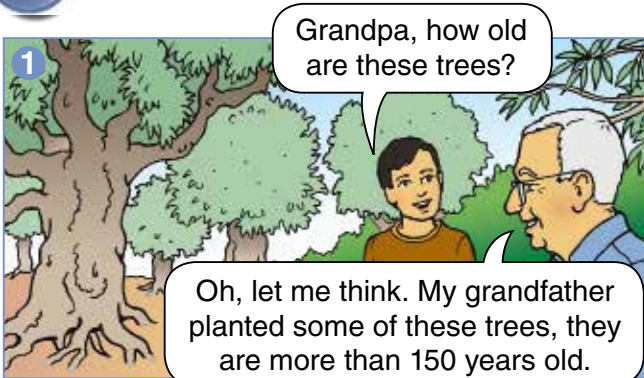
burger    fried    because    prefer    sweet    fizzy drink    a little  
good advice    should    food pyramid    top    soup    bottom

# The olive trees of Palestine

## 1 Listen and repeat.

dish harvest hundred (years old) love may  
million north oil soap thousand useful wise

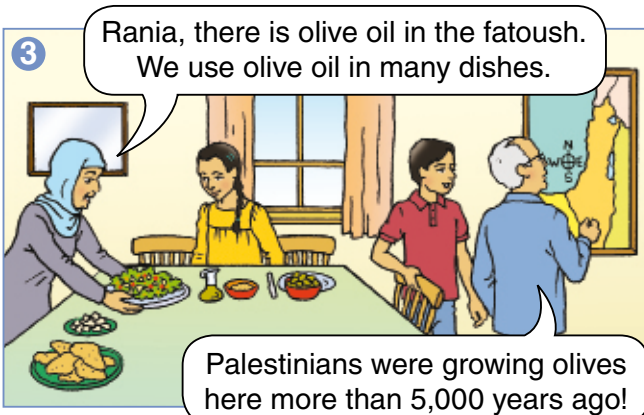
## 2 Listen and answer the questions.



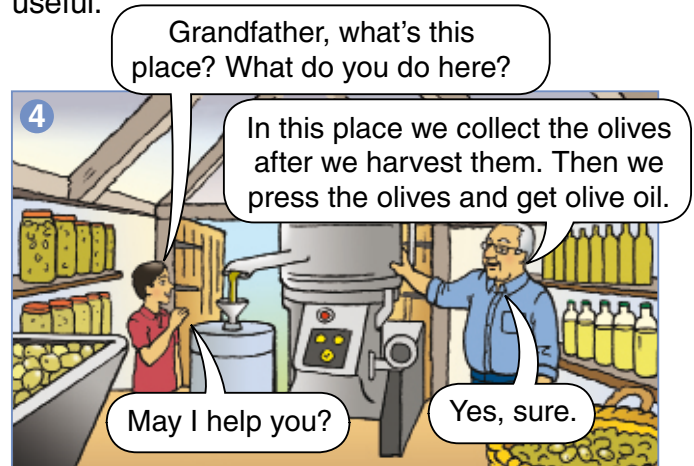
Omar and Rania are visiting their grandfather's olive farm. Some olive trees are very old but you can harvest olives from them.



Rania and her grandmother are in the kitchen. They are talking about olives. Olives are very useful.



There are millions of olive trees in Palestine. Lots of them are in the north of Palestine.



Omar and his grandfather are in a big place. In this place Omar's grandfather gets olive oil. He is wise because he knows that olives are very healthy.



**Read and complete the sentences.**

- 1 Rania said 'Grandma, \_\_\_\_\_ I try an olive?'
- 2 When you want to say you like something very much, you say you \_\_\_\_\_ it.
- 3 The number one thousand is less than one \_\_\_\_\_ but more than one hundred.
- 4 Many olive trees grow in the \_\_\_\_\_ of Palestine.
- 5 Rania's grandmother is also \_\_\_\_\_, she can make many useful things from olive oil.
- 6 You can make many \_\_\_\_\_ from olive oil.

**Read and write answers to the questions.**

- 1 What do Rania and Omar's grandparents grow on their farm? \_\_\_\_\_
- 2 Where can you find the biggest number of olive trees in Palestine? \_\_\_\_\_
- 3 What useful things can you make from olive oil? \_\_\_\_\_
- 4 What do farmers do after they harvest olive trees? \_\_\_\_\_
- 5 When did Palestinians start to grow olive trees? \_\_\_\_\_
- 6 How many olive trees are there in Palestine? \_\_\_\_\_

# 1 Look and complete the sentences with the correct words.

millions loves harvest hundred oil may thousand north



1 Amy was hungry, she said '\_\_\_\_\_ I try one?' She \_\_\_\_\_ olives.

2 Olive trees can grow for more than one \_\_\_\_\_ and fifty years. There are \_\_\_\_\_ of olive trees in Palestine.



3 First you need to \_\_\_\_\_ the olives. Then you need to press them to get the olive \_\_\_\_\_.

4 Palestinians grew olive trees in Palestine more than five \_\_\_\_\_ years ago. Today most olive trees are in the \_\_\_\_\_ of Palestine.



# 2 Think and write the correct questions.



Yes, of course.

1 May I drink some water, please?



Please do.

2 \_\_\_\_\_ I come in, please?



Yes, you may.

3 It is very hot here. \_\_\_\_\_ I open the window, please?



Oh yes, please.

4 \_\_\_\_\_ I help you carry the books?



Yes, sure.

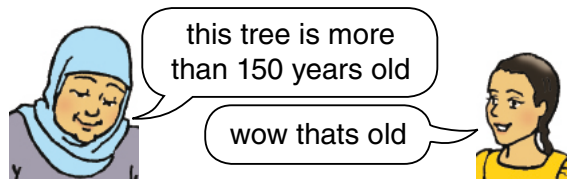
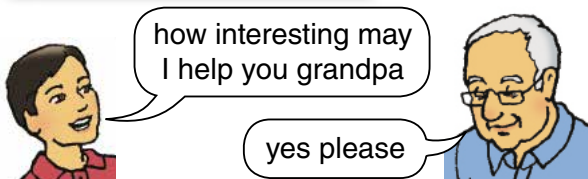
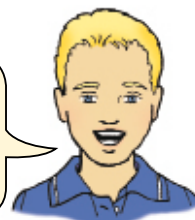
5 \_\_\_\_\_ I change my place and sit with my friend, please?



# 1 Think and write the correct

**Remember:** we use exclamation marks with strong feelings, for example: How awful!

Remember, use a CAPITAL letter at the start of a sentence. Use a full stop at the end of a sentence. Use an exclamation mark or question mark at the end of an exclamation or question.



1 \_\_\_\_\_

2 \_\_\_\_\_

# 2 Write the words. Practise your handwriting.

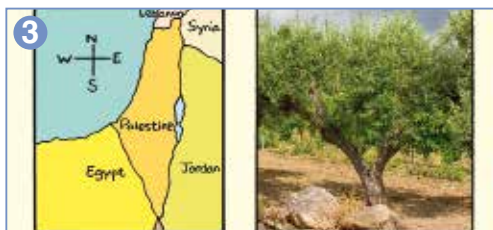
dish harvest hundred (years old) love may  
million north oil soap thousand useful wise

# 3 Read and complete the sentences. Check your spelling.



1 We \_\_\_\_\_ seeing you! Grandpa wants you to help him make the olive \_\_\_\_\_.

2 Olive trees grew in Palestine more than five \_\_\_\_\_ years ago. Today there are \_\_\_\_\_ of olive tree \_\_\_\_\_.



3 Most of the olive trees in Palestine grow in the \_\_\_\_\_. There are trees more than one \_\_\_\_\_ and fifty years old!



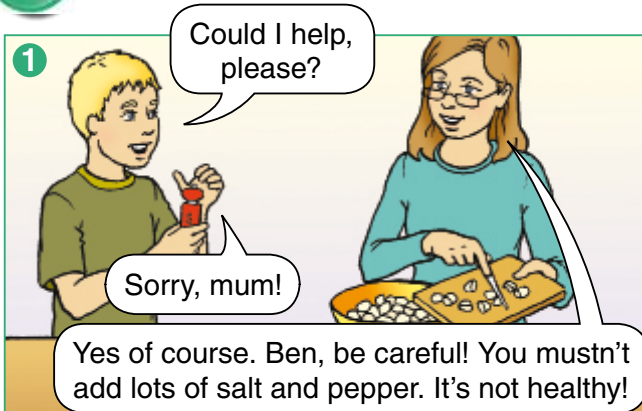
4 First farmers \_\_\_\_\_ the olives then they \_\_\_\_\_ olives and get olive oil. You can make many \_\_\_\_\_ things from olive oil.

# Signs around us

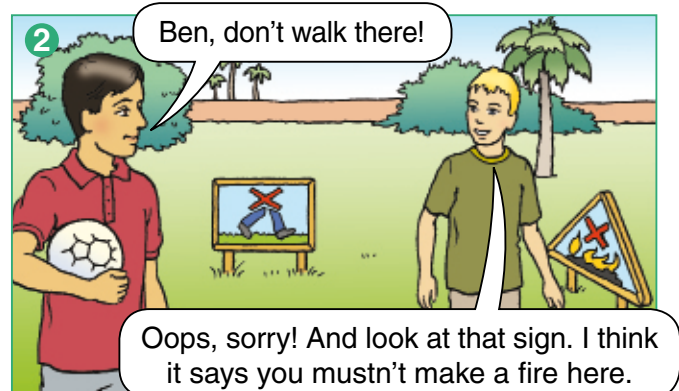
## 1 Listen and repeat.

boil (be) careful fire garlic grass hungry  
must pepper (get) ready salt sign smell stone

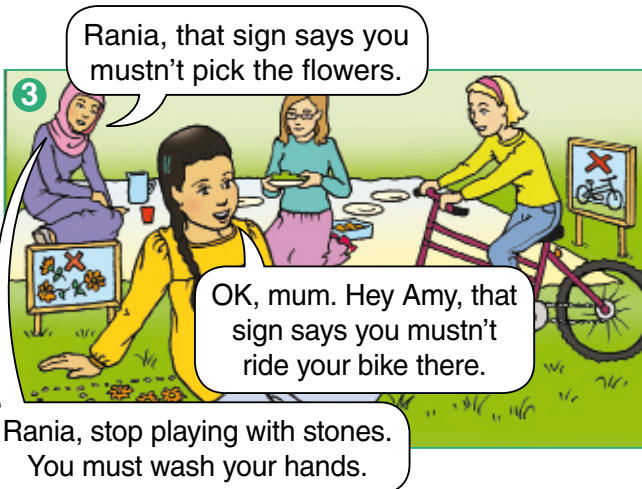
## 2 Listen and answer the questions.



Ben's mum is making a potato dish for the picnic. Ben is helping his mum in the kitchen.



Ben and Omar are at the park. These signs say you must not walk on the grass and you must not make fires.



Rania, Amy and their mums are in the park. They are getting the picnic ready.



The mothers are talking about the things they should do to make nice picnic food.

## 1 Read. Then tick the correct sentences.

- 1 The families went to the farm. ☐
- 2 Ben's mum made a potato dish. ☐
- 3 Omar walked on the grass. ☐
- 4 In the park you mustn't ride your bike in some places. ☐
- 5 Amy's mum said 'Get ready for the picnic. You must wash your hands!' ☐
- 6 Amy's mum made a chicken dish. ☐

## 2 Read and write answers to the questions.

- 1 What did Ben want to add to the potatoes? \_\_\_\_\_
- 2 What did Ben's mum say to him? \_\_\_\_\_
- 3 How do you make the potato dish? \_\_\_\_\_
- 4 Who walked on the grass at the park? \_\_\_\_\_
- 5 What did Rania play with? \_\_\_\_\_
- 6 What smelled good? \_\_\_\_\_

## 3 Look and complete the sentences with the correct words.

sign    boil    fire    garlic    must    grass    get ready



- 1 Rania's mum said 'That \_\_\_\_\_ says you mustn't pick the flowers.'



- 2 Omar said 'You mustn't walk on the \_\_\_\_\_.'
- 3 Ben said 'You mustn't make a \_\_\_\_\_.'



- 4 To make the potato dish you need to \_\_\_\_\_ the water and add \_\_\_\_\_ and onions.



- 5 Rania's mum said '\_\_\_\_\_'.  
You \_\_\_\_\_ wash your hands.'



## 1 Read and circle the correct words.

- 1 Ben **helping** / **helped** his mum make a potato dish.
- 2 Ben **added** / **adding** lots of salt to the potatoes.
- 3 Ben and Omar **played** / **playing** in the park.
- 4 Ben **walking** / **walked** on the grass.
- 5 Rania **picking** / **picked** the flowers.
- 6 Amy **rode** / **riding** her bike.

## 2 Read and think. Complete the sentences with correct words.

- 1 Last weekend Ben and Omar's families \_\_\_\_\_ (go) to the park.
- 2 Ben \_\_\_\_\_ (help) his mother make a potato dish.
- 3 Omar's mum \_\_\_\_\_ (make) a fried chicken dish.
- 4 Amy \_\_\_\_\_ (ride) her bike.
- 5 Rania \_\_\_\_\_ (play) with flowers and stones.
- 6 Omar \_\_\_\_\_ (say) 'You mustn't walk on the grass.'

## 3 Think and write the correct questions.

What could you do?



Could you help me put the books on the shelf, please?



1 help / wash / dishes \_\_\_\_\_



2 help / press / olives \_\_\_\_\_



3 help / make / soap \_\_\_\_\_



# 1 Think and write sentences about the signs you see. Use *must* and *mustn't*.



1 \_\_\_\_\_

2 \_\_\_\_\_



3 \_\_\_\_\_

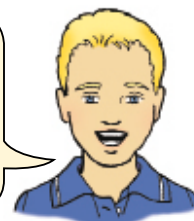


4 \_\_\_\_\_



## 2 Think and write the correct sentences.

Remember, use a CAPITAL letter at the start of a sentence. Use a full stop at the end of a sentence. Help the pupils to notice the use of apostrophes. Help the pupils to notice that some are rules and some are obligations.



be quiet im doing my homework

1 \_\_\_\_\_  
\_\_\_\_\_



you mustnt play the piano when bens doing his homework

2 \_\_\_\_\_  
\_\_\_\_\_

oh no be careful omar look at that sign

3 \_\_\_\_\_  
\_\_\_\_\_



it says 'we mustnt skate here'

4 \_\_\_\_\_  
\_\_\_\_\_

## 3 Think and write sentences about what you must and mustn't do.

## Revision Worksheet Unit (1)

### 1. Write the words under the pictures

-

1- soup

2- burger

3- fizzy drink

4- food



### 2. Choose the correct answer :

- 1- Sameera (**write -writes -wrote**) her homework yesterday.
- 2- Nidal (**should - shouldn't**) study hard in 12<sup>th</sup> grade.
- 1- It's much better you shouldn't (**come - comes - came**) tonight.
- 1- My son always (**want - wants - wanted**) to travel to America to study medicine

### 3. Write correct advices and sentences:

What should / shouldn't you do? (use because)

1. see / doctor / you / ill /a

.....

2. eat / lots of / fast food

.....

3. repect / your / teacher

.....

4. stay / home / coronavirus / is very / dangerous /disease

.....



## Revision Worksheet Unit(2)

### 1- Read the text then answer the questions:

Omar and Rania are visiting their grandfather's olive farm. Some olive trees are very old but you can harvest olives from them. Rania and her grandmother are in the kitchen. They are taking about olives. Olives are very useful. There are millions of olive trees in Palestine. Olives are very healthy. We press the olives and get olive oil.

#### **A) Answer the questions:**

1- What are Omar and Rania visiting?

.....

2-Is olive oil healthy?

.....

#### **B) Complete the following sentences.**

1. There are-----of olive trees in Palestine

2. We ----- the olives to get-----.

### 2-Fill in the blanks the suitable words:

wise - north - press - dishes

1-Millions of olive trees grow in the .....of Palestine.

2-You can make many ..... of food from olive oil.

3-My grandfather is a .....man.

4-We collect olives, then we..... it to get olive oil.

### 3-Circle the correct words:

1. she (was – were – are) helping her grandmother in the kitchen

2. Palestinian people (makes – making –make) soap from olives

3. A farmer (press – presses- pressing) the olives to get the oil.

### 4. Reorder the sentences:

1. palestine trees of are in olives millions there

2. olive some are trees old very

## Revision Worksheet Unit (3)

### 1. Choose the correct answer:

- a. The sign said you must walk/walks on the side walk.
- b. She drive /drove her new car.
- c. Ahmad played/plays football every day.
- d. He help/helped the old man to cross the road.
- e. Yesterday, they go/went to the cinema.

### 2. Write the correct questions.

What could you do?

- a. help/plant/trees-----
- b. help/ clean/kitchen-----
- c. help/ ride/bike-----
- d. help/finish/homework-----

### 3. Complete the sentences with must or mustn't:

- a. You-----listen when the teacher talks.
- b. You-----swim here. It is a dangerous area.
- c. You-----respect your teacher.
- d. You----- throw rubbish on the ground.

### 4. Complete with correct words from the box:

grass	boil	must	fire	Careful
-------	------	------	------	---------

- a. You ..... stay at home and keep a distance between you and others.    Coronavirus is very dangerous.
- b. You mustn't walk on the .....in this area.
- c. To make the potato dish, you need to .....the potatoes.
- d. Manal will be ..... before answering any questions.

## Model Test (2)

### Part one: Reading and vocabulary (8 pts)

Read the passage carefully, then answer the following questions.

There are millions of olive trees in Palestine and most of them are in the north . Palestinians were growing olive trees more than 5000 years ago . The oldest olive tree in the world is about 4,000 years old and it is still producing fruit . People always harvest olives in autumn .

Omar and Rania are visiting their grandfather`s olive farm . They enjoy being there with their grandparents . The farm is full of olive trees and some olive trees in the farm are very old more than 150 years old . Olive trees are very useful for Palestinians because they use olives for eating and getting olive oil . People use olive oil in many dishes and in making some medicine and soap .

#### A) Answer these questions. (1.5 pts)

- 1 ) When did Palestinians start to grow olive trees?  
.....
- 2 ) What useful things can you make from olive oil?  
.....
- 3 ) How old are some olive trees in the farm?  
.....

#### B) Are the following sentences (True or False) . (1.5 pts)

- 1) The south of Palestine has the most number of olive trees. (            )
- 2) Rania and Omar don't like the farm. (            )
- 3) Olive oil is used in making many dishes. (            )

#### C) Find from the passage. (1.5 pts)

- 1 ) Something You wash your body with .....
  - 2 ) Another word for (**pick**) is .....
  - 3 ) The underlined pronoun (there) refers to .....
- 

#### D) Complete the sentences using the suitable words. (2.5 pts)

( **smelled** / **prefers** / **stone** / **garlic** / **sign** / **fried** )

- 1 ) We use .....and onions when making soup.
- 2 ) Don't eat lots of .....food because it makes you fat.
- 3 ) Hassan doesn't like fizzy drinks. He .....healthy drinks.

- 4 ) The man made an accident because he didn't see the stop .....
- 5 ) We couldn't stay here. The place .....awful.

**E) Circle the correct answer. (1pts)**

- 1 ) In a library, you must be **quiet** / **noisy**.
- 2 ) You should eat little sweet. It's at the **bottom** / **top** of the food pyramid.

**Part Two: Language and writing (8 pts)**

**A) Write advice using should or shouldn't. (2 pts)**

1) eat / lots of / burger

.....

2) play / sport / everyday

.....

**B) Correct the verbs in brackets. (1.5 pts)**

- 1 ) Rice and meat ..... very good food. (be)
- 2 ) A farmer .....the olives to get the oil . (press)
- 3 ) May I .....the window. It's too hot. (open)

**C) Write the words in the correct order. (3 pts)**

1 ) fire / . / in / the / You / mustn't / garden / make

.....

2 ) wash / Could / ? / you / , please / help / me / the / dishes

.....

3 ) should / you / ? / What / eat

.....

**D ) Write the sentences correctly . Use ( . , ` ? ! capital letter ) . (1.5 pts)**

1 ) may i help you grandpa

.....

2 ) wow thats old

.....

**Part Three: Speaking (4 pts)**

**Answer these questions completely about you.**

- 1 ) What food should you eat? Why?
- 2 ) How much should you eat from healthy food?
- 3 ) What food shouldn't you eat?
- 4 ) Should you eat lots of ice cream? Why?